

HIKE FOR HOPE



Dear Hikers:

Thirteen makes us proud not petrified! How about you? We challenge you to join in as we celebrate the 13th annual Hike for Hope. Enclosed you will find your 2011 brochure for the annual "Hike for Hope".

Please plan to register again this year, and don't forget to bring along a pal (or maybe a black cat!) to share our "lucky 13" hike experience. And don't forget if you are unable to participate in the Hike this year, your donations are welcome and appreciated.

Here are some important reminders:

- ✓ Mark your calendar with the Hike date - **Saturday, September 24, 2011**
- ✓ All proceeds raised will go to **Wellspring, London & Region** - supporting cancer patients and their families
- ✓ The Hike begins at Spirit Rock Conservation area just north of Warton and ends at Purple Valley
- ✓ Book your accommodations now - **see our website for suggestions*
- ✓ Dinner following the Hike will again be at the Warton Legion - **book your spot now*
- ✓ The deadline for registering for the Hike is: **September 10, 2011**
- ✓ Please give us your e-mail address on the Registration Form to ensure prompt communication over the summer.
- ✓ Look for our "Tips for Hikers" letter on our website, coming soon
- ✓ Our Hike web site is: **www.hikeforhope.com**
- ✓ Our e-mail address is: **info@hikeforhope.com**
- ✓ Check us out on Facebook. Search 'Hike for Hope Ontario' and like our page!

Thank you for your continued support. We look forward to receiving your registration and seeing you on **Saturday, September 24, 2011 at 8:00 a.m. at Spirit Rock.**

Sincerely - the Hike for Hope Planning Committee,

Jane Howitt, Sandi Laird, Michelle LaCharite, Beth Pustai, Gary Robins, Willy Ross & Carolyn Smiley

Remember ... Hope is just a hike away!
www.hikeforhope.com